## Kukkiwon NZ Office 10th October Meeting - Processes and Procedures





Garry CARPENTER, 10th October, 2023

#### PLEASE RENAME YOUR ZOOM ONSCREEN NAME

## <First name> <Last name> NZL-XXXX

#### For example - Garry Carpenter NZL-1100

#### For example - Garry Carpenter NZL-1100





# Kukkiwon Certification Instructors Presentation

## Kukkiwon NZ Office 10th October





# **A KUKKIWON EXAMINATION IS A CONFIRMATION** OF YOUR ABILITY, IT IS NOT A TEST **OF YOUR ABILITY**





## Policy

- document
  - https://newzealandtaekwondo.co.nz/policies









#### The KNZO procedures and processes can be found within the TNZ Policy



#### KUKKIWON NEW ZEALND OFFICE POLICY

In force from: 8th May, 2023

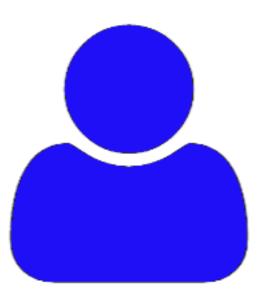
# Participants in the system

Candidate



Instructor

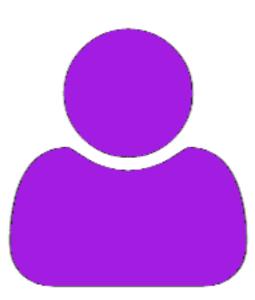
Recommender







Examiner

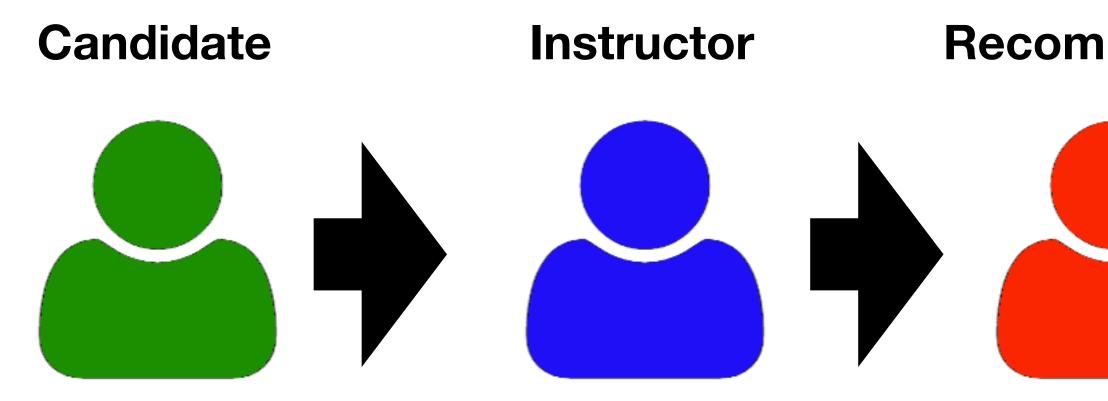








# 1st to 3rd Poom / Dan





Recommender







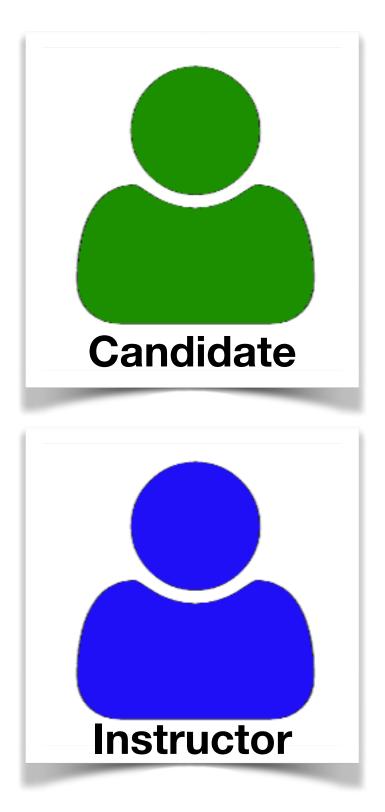


## **Candidate and Instructor**

- Candidate
  - Must be at Kukkiwon standard prior to Examination Examination should be CONFIRMATION of abilities not test • Must be a member of a TNZ affiliated club
- Instructor
  - Is responsible for promoting a Candidate to a Recommender Organises the Examination opportunity for the Candidate

  - Must be a member of a TNZ affiliated club





## Recommender

- Hold a Kukkiwon rank of 4th Dan of higher
- Holds a Kukkiwon International Masters Certificate
  - (1st to 3rd Class)
- TNZ Member (NZL-XXXX) number
  - must be a current full financial TNZ member
- Conducts the Examination
  - 1st to 3rd Dan, In-Person
- Submits application to KNZO
  - Registered with KNZO as a Recommender







GARRY JAMES CARPENTER NEW ZEALANDER

사람은 본원에서 실시한 제42기 3급 태권도 승품단 심사위원 수료하였으므로 이 증서를 수여함.

certify that the above named person has successfully completed the 42nd, 3rd Class Taekwondo Poom Dan Promotion Examiner Course by the Kukkiwon.



02 SEP. 2022

기 원



President of the Kukkiwon

WORLD TAEKWONDO HEADQUARTERS

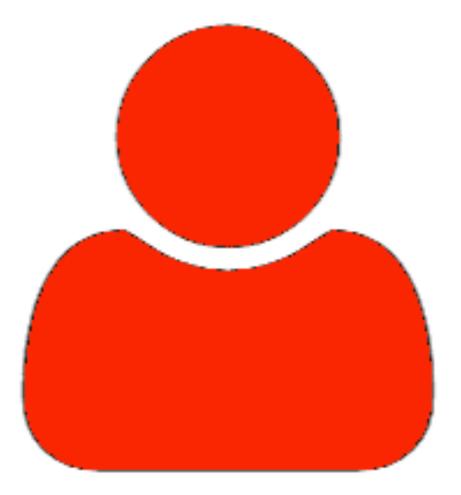


## Recommender Pricing

- Pricing 1st to 3rd Dan
  - On application (on the spreadsheet) is the charges that KNZO have set for Kukkiwon certification
  - This is business sensitive information and will only be released to Recommenders on application



#### Recommender



#### Recommender



## **Recommender - Member Organisation**

it's list of Recommenders

## **Candidate applications must be** signed by a Member Organisation Recommender

 Information on the TNZ GMS will be used to ascertain club membership of candidates



• Where a Candidate is a member of a club, **<u>AND</u>** where the club is affiliated to a Member Organisation (MO), AND where the MO has notified the KNZO of



## Recommenders

- The KNZO will publish a list of registered Recommenders Club Instructor must make certain that they are NOT acting outside the rules
- and regulations of their MO
  - In instances where MO rules and regulations have been breached, the examination will be voided.
    - No fees collected by the KNZO will be returned to the Recommender

## **Candidate applications must be signed** by a KNZO registered Recommender





## Candidates with Disabilities 10th October





## **Examining people with disabilities DISABILITIES ARE PERMANENT** IMPAIRMENTS

#### INJURIES THEY ARE NOT ARE SURGERY RECOVERABLE DISABILITIES ILLNESS

## **DISABILITY MAY OCCUR FROM INJURIES, SURGERY, ILLNESS,** THE EFFECT MUST BE IANENT AND MEDICALLY PROVEN







# **Examining people with disabilities**

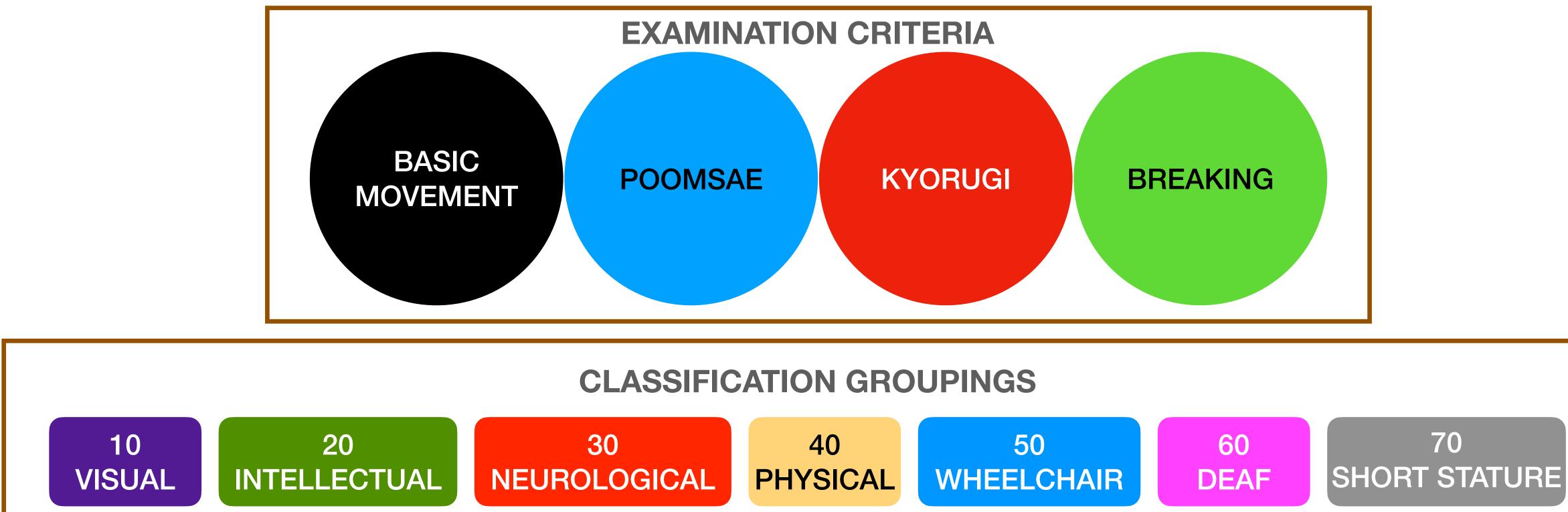
- Para Classification
  - Is a system to ensure that a Candidate's impairment is **RELEVANT** to the examination **PERFORMANCE**, and that a Para-Candidate can be **ASSESSED EQUITABLY**
- The purpose of the classification is to determine eligibility for dispensation in marking
- Closely linked to World Taekwondo "Para-Taekwondo Sport Classes"
  - A "Sport Class" is a category in which Athletes are Grouped by reference to the impact of an Eligible Impairment on their ability to execute a specific task, activity or movement that is fundamental to the performance of Taekwondo in the Examination



An Candidate with a disability is to be referred to as a Para-Candidate



## How is the impairment impacting?



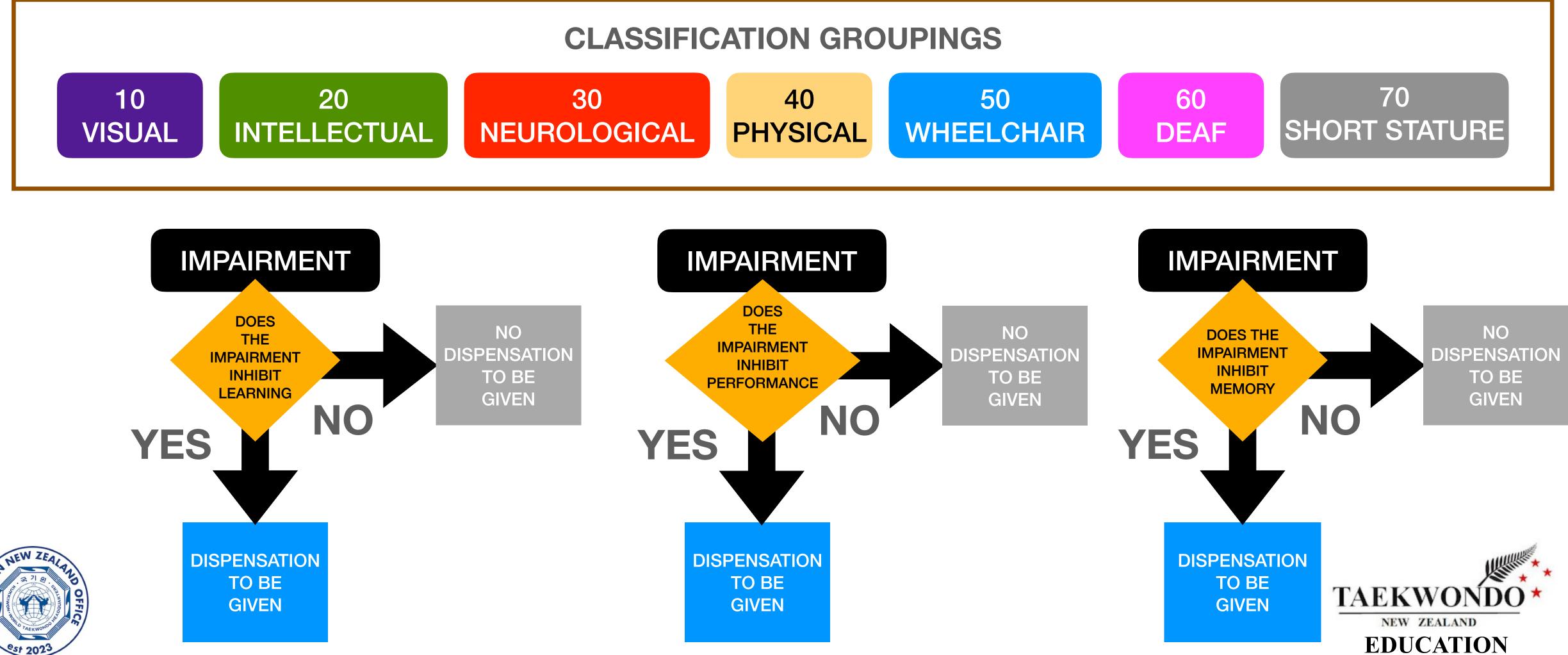


WHAT IS THE IMPACT OF THE IMPAIRMENT ON THE PERFORMANCE? WHAT DISPENSATION WILL THE EXAMINER GIVE? **IS THERE ANOTHER WAY TO EXAMINE THE CANDIDATE OTHER THAN THE TRADITIONAL FORM?** 





- WHAT IS THE IMPACT OF THE IMPAIRMENT ON THE PERFORMANCE?
- IT IS THE EXAMINER'S DECISION TO GIVEN DISPENSATION AND WHAT LEVEL



#### • IS THERE ANOTHER WAY TO EXAMINE THE CANDIDATE OTHER THAN THE TRADITIONAL FORM?

## Examining people with disabilities

# DISABILITIES ARE

# PERMANENT





# INPAIRMENTS



# TCON and GMS Accounts





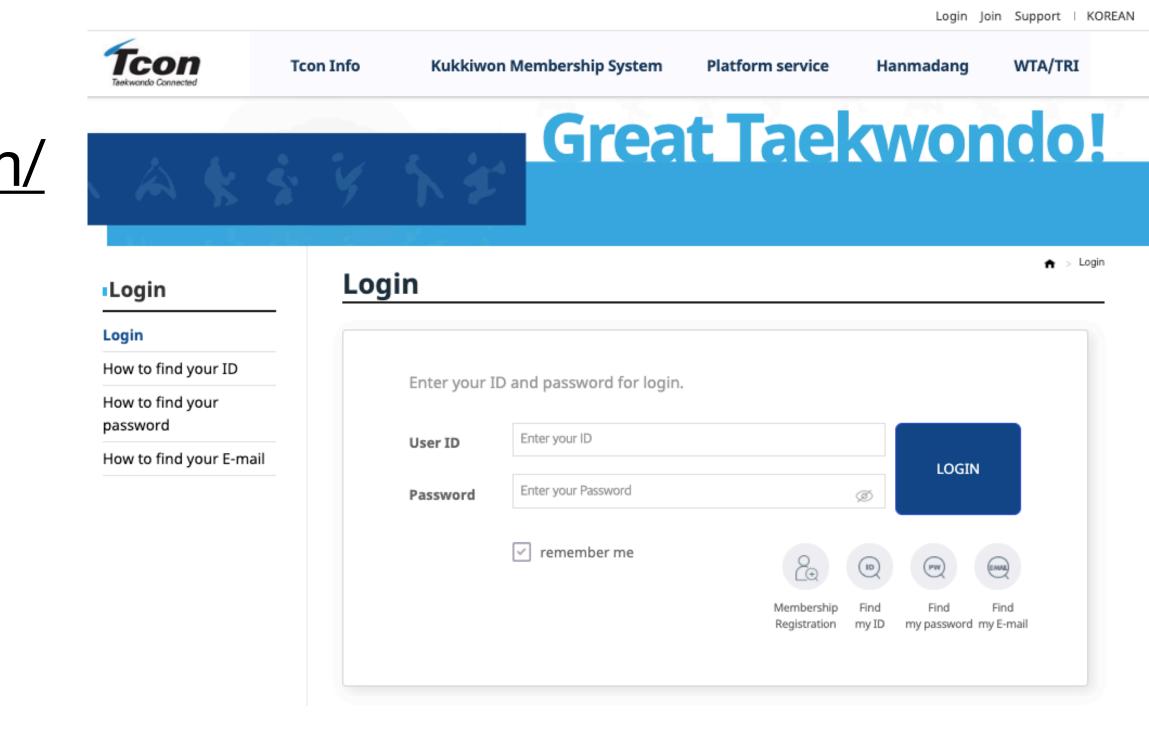


## TCON

## Student account creation on TCON

- https://tkdcon.net/en/portale/login/ <u>login.do</u>
- Keup 1 holder <u>https://www.youtube.com/</u> watch?v=LQgTiG-Ovwl&ab
- 1st or 2nd Dan holder https:// www.youtube.com/watch? v=EX4dc2PEpfY&ab







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## **TCON - Issues on application Residency Information**

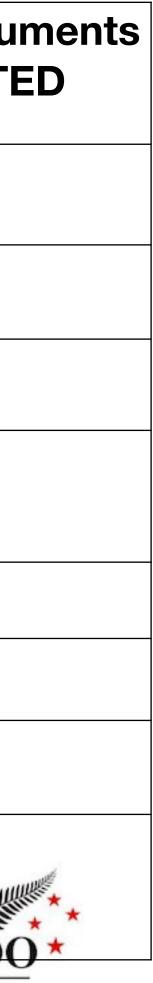
CAUTION- If the candidate selects a non New Zealand country of residence.

- When the applicant's Nationality is NOT New Zealander, TCON asks KNZO to attach proof of residence for at least 6 months in New Zealand.
- Proof of Residence must contain the applicant's name and address in New Zealand. TCON will be review the document submitted thoroughly.
- If the document does NOT provide prove of residence, the application will be disapproved and the examination payment WILL NOT BE **REFUNDED** to the Recommender. Please make sure you submit the correct documents when you are asked for them.



| Examples of documents<br>ACCEPTED    | Examples of docu<br>NOT ACCEPT |
|--------------------------------------|--------------------------------|
| - Permanent Residence                | - Passport                     |
| - Drivers' License                   | - Visa                         |
| - School Registration                | - Border Pass                  |
| - Transcript (School<br>Report Card) |                                |
| - Working contract                   |                                |
| - Rent/Lease contract                |                                |
| - Bank statement                     |                                |
| - Utility bill for last 6 months.    | TAELUVOND                      |
|                                      | NEW ZEALAND                    |

**EDUCATION** 

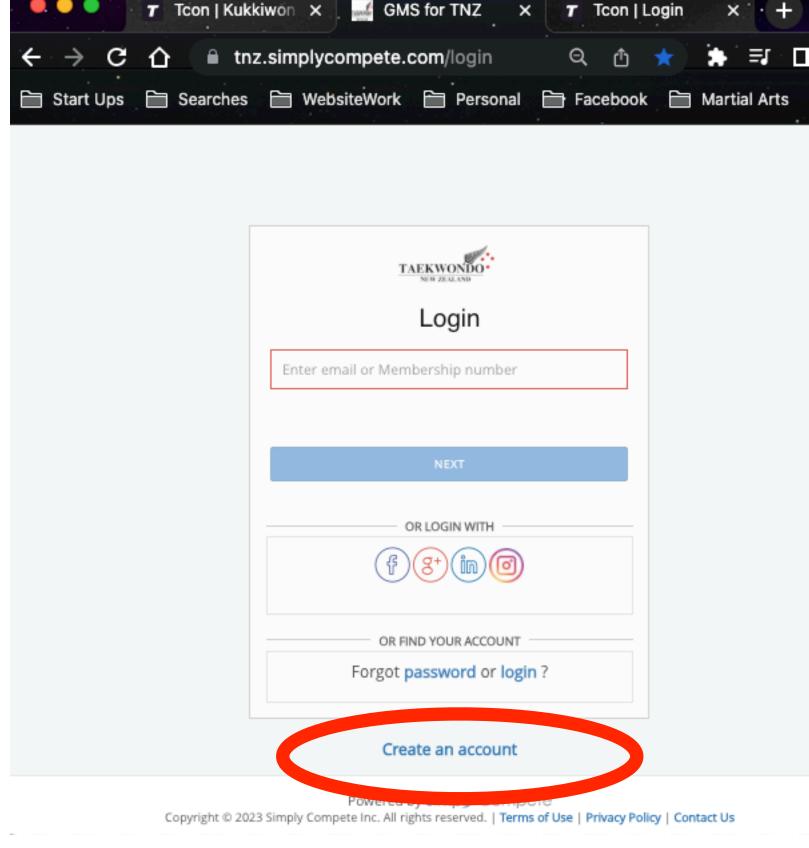


## GMS

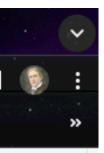
## Student account creation on TNZ GMS

- https://tnz.simplycompete.com/login
- The is the TNZ membership database
- Cost
  - \$10 NZD (\$5USD plus credit card fees)









## Kukkiwon NZ Office **Process for Examination**







## **All Examinations**

## **Content for 1st to 3rd Dan Examinations**

- Kukkiwon NZ Office Rules and Regulations, covering the following sections:
- 1. Basic Movements 10%
- 2. Poomsae (Patterns) 40%
- 3. Kyorugi (Sparring) 40%
- 4. Kyokpa (Board Breaking) 10%
- Exam result
- A minimum pass mark of 60% is required for the overall examination score
- Scoring must be submitted on the proper form "JudgingSheet\_NZ.pdf".

• Scoring sheets of applicants must be retained by either the Kukkiwon NZ Office Administrator for a period no less than 52 weeks from the Examination date.



• The Examination Event must be conducted as per the Kukkiwon Rules and Regulations outlined by the

5. Any additional material may be demonstrated - (eg. Self Defence, Weapons etc) - no score towards

• The Candidate may not fail (49% or lower%) any of the sections. Where a score of 49% (or less) occurs for a section, the candidate is to continue the examination until the natural end of the examination



## **Candidate Disclosure of Pass/Fail**

**Candidate appeal process** 

## A CANDIDATE HAS ONE (1) MONTH TO APPEAL THE RESULT OF THE EXAMINATION

## THE KNZO COMMISSION WILL FORM A SPECIAL COMMITTEE TO REVIEW THE APPEAL

## THE SPECIAL COMMITTEE DECISION IS FINAL





## **Kukkiwon NZ Office** Practical Test - Basic Movements Process for Examination





# Judging Sheet

https:// <u>newzealandtaekwondo</u> .co.nz/knzo-gradings

#### **POOM/DAN EVALUATION CRITERIA**

APPLICANT NUMBER \_NZL-

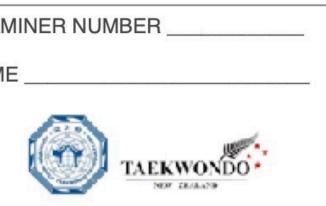
NAME

TCON LOG-IN

DATE of BIRTH

EXAMINER NUMBER

NAME



| Evaluation factor | BASIC MOVEMENT EVALUATION |                   |    |      |         |        |      |    |    |   | Total |
|-------------------|---------------------------|-------------------|----|------|---------|--------|------|----|----|---|-------|
|                   | C                         | GOOD AVERAGE POOR |    |      |         |        |      |    |    |   |       |
| Accuracy (50)     | 50                        | 45                | 40 | 35   | 30      | 25     | 20   | 15 | 10 | 5 |       |
| Skilfulness (40)  | 40                        | 36                | 32 | 28   | 24      | 20     | 16   | 12 | 8  | 4 |       |
| Balance (10)      | 10                        | 9                 | 8  | 7    | 6       | 5      | 4    | 3  | 2  | 1 |       |
| TOTAL             |                           |                   |    | Tota | al Divi | ded by | y 10 |    |    |   |       |

|         | Evaluation factor |                    | P  | оом | SAE     | EVA | LUAT | TION | - ONE |    |   | Total |
|---------|-------------------|--------------------|----|-----|---------|-----|------|------|-------|----|---|-------|
|         | Evaluation factor | GOOD               |    |     | AVERAGE |     |      |      |       |    |   |       |
| Poomsae | Accuracy (50)     | 50                 | 45 | 40  | 35      | 30  | 25   | 20   | 15    | 10 | 5 |       |
|         | Skilfulness (40)  | 40                 | 36 | 32  | 28      | 24  | 20   | 16   | 12    | 8  | 4 |       |
|         | Balance (10)      | 10                 | 9  | 8   | 7       | 6   | 5    | 4    | 3     | 2  | 1 |       |
|         | TOTAL             | Total Divided by 5 |    |     |         |     |      |      |       |    |   |       |

|                   | Evaluation factor |    | P    | оом | SAE                | EVAI | LUAT |    | - тwo | )  |   | Total |
|-------------------|-------------------|----|------|-----|--------------------|------|------|----|-------|----|---|-------|
|                   | Evaluation factor | C  | GOOD |     | AV                 | ERAC | λE   |    | POC   | DR |   |       |
| Poomsae           | Accuracy (50)     | 50 | 45   | 40  | 35                 | 30   | 25   | 20 | 15    | 10 | 5 |       |
| par int romanazia | Skilfulness (40)  | 40 | 36   | 32  | 28                 | 24   | 20   | 16 | 12    | 8  | 4 |       |
|                   | Balance (10)      | 10 | 9    | 8   | 7                  | 6    | 5    | 4  | 3     | 2  | 1 |       |
|                   | TOTAL             |    |      |     | Total Divided by 5 |      |      |    |       |    |   |       |

| Evaluation factor          | KYORUGI EVALUATION   |    |    |         |    |    |      |    |   |   | Total |
|----------------------------|----------------------|----|----|---------|----|----|------|----|---|---|-------|
| Evaluation factor          | GOOD                 |    |    | AVERAGE |    |    | POOR |    |   |   |       |
| Offensive (30)             | 30                   | 27 | 24 | 21      | 18 | 15 | 12   | 9  | 6 | 3 |       |
| Defensive (30)             | 30                   | 27 | 24 | 21      | 18 | 15 | 12   | 9  | 6 | 3 |       |
| Variety of techniques (40) | 40                   | 36 | 32 | 28      | 24 | 20 | 16   | 12 | 8 | 4 |       |
| TOTAL                      | Total Divided by 2.5 |    |    |         |    |    |      |    |   |   |       |



KUKKIWON NEW ZEALAND OFFICE

|       | Evaluation factor   |           | BRE      | AKING EVA    | LUATION       |          | Total | Score |
|-------|---------------------|-----------|----------|--------------|---------------|----------|-------|-------|
|       | Evaluation factor   | GO        | OD       | AVERAGE      | PO            | OR       |       |       |
|       |                     | Hand      | d or Arn | n Technique  |               |          |       |       |
|       | Complete Break (50) | 50        | 40       | 30           | 20            | 5        |       |       |
| 1     | Skilfulness (30)    | 30        | 24       | 18           | 12            | 3        |       |       |
|       | Energy (20)         | 20        | 16       | 12           | 8             | 2        |       |       |
|       |                     | Sim       | ple Foo  | t Technique  | in a second   |          |       |       |
|       | Complete Break (50) | 50        | 40       | 30           | 20            | 5        |       |       |
| 2     | Skilfulness (30)    | 30        | 24       | 18           | 12            | 3        |       |       |
|       | Energy (20)         | 20        | 16       | 12           | 8             | 2        |       |       |
|       |                     | Jump      | oing Foo | ot Technique |               |          |       |       |
|       | Complete Break (50) | 50        | 40       | 30           | 20            | 5        |       |       |
| 3     | Skilfulness (30)    | 30        | 24       | 18           | 12            | 3        |       |       |
|       | Energy (20)         | 20        | 16       | 12           | 8             | 2        |       |       |
|       | Sp                  | oinning o | r Turnin | g Foot Tech  | nique         |          |       |       |
| 20.14 | Complete Break (50) | 50        | 40       | 30           | 20            | 5        |       |       |
| 4     | Skilfulness (30)    | 30        | 24       | 18           | 12            | 3        |       |       |
|       | Energy (20)         | 20        | 16       | 12           | 8             | 2        |       |       |
|       | Toal Scores         |           |          | Total        | Scores divide | ed by 40 |       |       |

|                 | Basics                        | Poomsae<br>ONE | Poomsae<br>TWO | Kyorugi  | Breaking                 |
|-----------------|-------------------------------|----------------|----------------|--|--------------------------|
| Total<br>Scores |                               |                |                |  |                          |
| (Total sco      | SCORE<br>ores added<br>other) |                |                | a second the second s | e is required<br>S grade |
| тот             | AL                            | / 1            | 100 F          | PASS /   | FAIL                     |



## Basics

# Basic movements / action (Poom) of taekwondo

- This is "called" by the Examination Panel
- The content of the Basic movements may vary from Examination to Examination
- An Example of a Basics
- A KNZO Basics will be released with on the 14th October along with a video of the pattern



|    | STANCE        | ACTION - ENGLISH                       | ACTION - KOREAN              |
|----|---------------|--|------------------------------|
| 1  | Naranhi Seogi | Ready position                         | Kibon Junbi                  |
| 2  | Juchum Seogi  | Left poom. Left mid-section punch      | Wen Mooting Jireugi          |
| 3  | Juchum Seogi  | Triple mid-section punch               | 3 x Momtong-Jireugi          |
| 4  | Juchum Seogi  | Triple high-section punch              | 3 x Olgul-Jireugi            |
| 5  | Naranhi Seogi | Ready position                         | Kibon Junbi                  |
| 6  | Ap Kubi       | Right foot moves back, low block       | Ara Makki                    |
| 7  | Ap Kubi       | Three low blocks                       | 3 x Ara-Makki                |
| 8  | Ap Kubi       | Three mid-section punches              | 3 x Momtong-Jireugi          |
| 9  | Ap Seogi      | Three Front Kicks                      | 3 x Ap-Chagi                 |
| 9  | Dwit Kubi     | Three Outside Mid-section Blocks       | 3 x Bakkat-Momtong Makki     |
| 10 | Ap Kubi       | Right foot back, low block             | Ara Makki                    |
| 10 | Ap Kubi       | Three Inside Mid-section blocks        | 3 x Momtong-Makki            |
| 11 | Ap Kubi       | Three high-section punches             | 3 x Olgul-Jireugi            |
| 12 | Ap Seogi      | Three Side Kicks                       | 3 x Yop-Chagi                |
| 13 | Dwit Kubi     | Three Double Knife Hand Blocks         | 3 x Tell Sonal Makki         |
| 14 | Ap Kubi       | Right foot back, low block             | Ara Makki                    |
| 15 | Ap Kubi       | Three High-section blocks              | 3 x Olgul Makki              |
| 15 | Ap Kubi       | Three Back Fist punches                | 3 x Deungmok Apchigi         |
| 16 | Ap Seogi      | Three Roundhouse Kicks                 | 3 x Dollyo-Chagi             |
| 17 | Dwit Kubi     | Three Single Outside Knife Hand Blocks | 3 x Hansonnal Bakkatmakki    |
| 18 | Ap Kubi       | Right foot back, low block             | Ara Makki                    |
| 19 | Ap Kubi       | Three Swallow blocks                   | 3 x Jebipoom Mokchigi        |
| 20 | Ap Kubi       | Three Sword Strike with Elbow Guard    | 3 x Pyonsonkkeut Sweotzireug |
| 20 | Ap Seogi      | Three Back Kicks                       | 3 x Dwkit Chagi              |
| 21 | Beom Seogi    | Three Inside Palm Blocks               | 3 x Batangson Momtong Anma   |
| 22 | Naranhi Seogi | Ready position                         | Kibon Junbi                  |
| _  |               |  |                              |

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## **Kukkiwon NZ Office** Practical Test - Patterns - Poomsae Process for Examination





- Marking Accuracy
  - section (Objective)
    - Balance is NOT to be marked as a MAJOR ERROR
  - 3 Divisions within a section Good, Average, Poor
    - Observation of minor errors Judge decision (subjective)



#### Second MAJOR ERROR - moves scoring from Good section to Average



## Accuracy

|         | Evaluation factor   |                | P       | OOM      | SAE | EVA     | LUA      | TION                                  | - ONE     |          |        | Total                |
|---------|---|----------------|---------|----------|-----|---------|----------|---------------------------------------|-----------|----------|--------|----------------------|
|         | Evaluation lactor   | 6              | GOOD    |          |     | AVERAGE |          |                                       | POOR      |          |        |                      |
| Poomsae | Accuracy (50)   | racy (50) 50 4 |         | 40       | 35  | 30      | 25       | 20                                    | 15        | 10       | 5      |                      |
|         | Skilfulness (40)  | 40             | 36      | 32       | 28  | 24      | 20       | 16                                    | 12        | 8        | 4      |                      |
|         | Balance (10)  | 10             | 9       | 8        | 7   | 6       | 5        | 4                                     | 3         | 2        | 1      |                      |
|         | TOTAL   |                |         |          | Tot | al Div  | ided k   | oy 5                                  |           |          |        |                      |
|         | ed with no MAJOR error, and minimated with 0-1 MAJOR errors, but many |                |         | -        |     | Pe      | erformed | d with 2 M<br>I with 2 M<br>d when as | AJOR err  | ors, but | 33% or | <sup>.</sup> more MI |
| Perform | ed with 2 MAJOR errors, but minima                                    | al MINOR       | accurac | y errors |     | F       | Performe | ed with 3 o                           | or More N | /IAJOR e | errors | TAEK<br>NEW<br>EDU   |



#### rrors

## Skilfulness

NEW ZEAL

|         | Evaluation factor |      | P  | оом | SAE     |         | Total  |      |    |    |   |  |
|---------|-------------------|------|----|-----|---------|---------|--------|------|----|----|---|--|
|         | Lvaluation lactor | GOOD |    |     | AVERAGE |         |        |      |    |    |   |  |
| Poomsae | Accuracy (50)     | 50   | 45 | 40  | 35      | 30      | 25     | 20   | 15 | 10 | 5 |  |
|         | Skilfulness (40)  | 40   | 36 | 32  | 28      | 24      | 20     | 16   | 12 | 8  | 4 |  |
|         | Balance (10)      | 10   | 9  | 8   | 7       | 6       | 5      | 4    | 3  | 2  | 1 |  |
|         | TOTAL             |      |    |     |         | al Divi | ided b | oy 5 |    |    |   |  |

Performed with great Power and Energy

Performed with good Power and Energy

Performed with good Power but speed did not fit Poomsae

Performed with good Energy but lacked true Power

Power, Speed and Energy did not show the Poomsae as it should be performed

Performance lacked evidence of Self defence TAEKWOND



NEW ZEALAND

**EDUCATION** 

## Balance

NEW ZEAL

|         | Evaluation factor | POOMSAE EVALUATION - ONE |    |         |                    |    |      |    |    |    |   |  |
|---------|-------------------|--------------------------|----|---------|--------------------|----|------|----|----|----|---|--|
|         | Evaluation lactor | GOOD                     |    | AVERAGE |                    |    | POOR |    |    |    |   |  |
| Poomsae | Accuracy (50)     | 50                       | 45 | 40      | 35                 | 30 | 25   | 20 | 15 | 10 | 5 |  |
|         | Skilfulness (40)  | 40                       | 36 | 32      | 28                 | 24 | 20   | 16 | 12 | 8  | 4 |  |
|         | Balance (10)      | 10                       | 9  | 8       | 7                  | 6  | 5    | 4  | 3  | 2  | 1 |  |
|         | TOTAL             |                          |    |         | Total Divided by 5 |    |      |    |    |    |   |  |

Movements were always controlled and meaningful

Power of Poom had an effect on the action

Too much power, not enough stability

Performed all actions, but coordination between movement and action missing

Very weak balance - action caused body to move involuntarily

Rambling demonstration of Poomsae



## **Kukkiwon NZ Office** Practical Test - Sparring - Kyorugi Process for Examination





# Sparring - Kyorugi

#### Offensive

NEW ZEAL

| Evaluation factor          | KYORUGI EVALUATION |      |    |                      |    |      |    |    |   |   |  |
|----------------------------|--------------------|------|----|----------------------|----|------|----|----|---|---|--|
| Evaluation factor          |                    | GOOD |    | AVERAGE              |    | POOR |    |    |   |   |  |
| Offensive (30)             | 30                 | 27   | 24 | 21                   | 18 | 15   | 12 | 9  | 6 | 3 |  |
| Defensive (30)             | 30                 | 27   | 24 | 21                   | 18 | 15   | 12 | 9  | 6 | 3 |  |
| Variety of techniques (40) | 40                 | 36   | 32 | 28                   | 24 | 20   | 16 | 12 | 8 | 4 |  |
| TOTAL                      |                    |      |    | Total Divided by 2.5 |    |      |    |    |   |   |  |

Movements were always controlled and meaningful

Movements were correctly applied as opponent allowed

Movements were applied to the advantage of the Candidate

Movement were performed adequately to apply pressure on opponent

Timing of movements incorrect

Poor performance



## **Sparring - Kyorugi** Defensive

# Evaluation factor GOOD Offensive (30) 30 27 Defensive (30) 30 27 Variety of techniques (40) 40 36 TOTAL TOTAL TOTAL

Movements were always controlled and meaningful

NEW ZEAL

Movements were correctly applied as opponent allowed

Movements were applied to the advantage of the Candidate

| KYORUGI EVALUATION |         |         |        |       |    |   |   |  |  |  |
|--------------------|---------|---------|--------|-------|----|---|---|--|--|--|
|                    | AVERAGE |         |        |       |    |   |   |  |  |  |
| 24                 | 21      | 18      | 15     | 12    | 9  | 6 | 3 |  |  |  |
| 24                 | 21      | 18      | 15     | 12    | 9  | 6 | 3 |  |  |  |
| 32                 | 28      | 24      | 20     | 16    | 12 | 8 | 4 |  |  |  |
|                    | Tota    | l Divid | led by | / 2.5 |    |   |   |  |  |  |

Movement were performed adequately to apply pressure on opponent

Timing of movements incorrect

Poor performance



# Sparring - Kyorugi

## Variety of techniques

NEW ZEAL

| Evaluation factor          | KYORUGI EVALUATION |    |         |                      |    |      |    |    |   |   | Total |
|----------------------------|--------------------|----|---------|----------------------|----|------|----|----|---|---|-------|
| Evaluation lactor          | GOOD               |    | AVERAGE |                      |    | POOR |    |    |   |   |       |
| Offensive (30)             | 30                 | 27 | 24      | 21                   | 18 | 15   | 12 | 9  | 6 | 3 |       |
| Defensive (30)             | 30                 | 27 | 24      | 21                   | 18 | 15   | 12 | 9  | 6 | 3 |       |
| Variety of techniques (40) | 40                 | 36 | 32      | 28                   | 24 | 20   | 16 | 12 | 8 | 4 |       |
| TOTAL                      |                    |    |         | Total Divided by 2.5 |    |      |    |    |   |   |       |

Five or more techniques employed correctly, with power and speed

Five or more techniques employed correctly, with speed

Five or more techniques employed correctly, balanced

Five or more techniques employed correctly but unbalanced Three to Four techniques employed correctly Two or less techniques employed correctly Two cor less techniques employed correctly TAEKWONDO NEW ZEALAND EDUCATION



## **Kukkiwon NZ Office** Practical Test - Breaking - Kyokpa Process for Examination





# Breaking - Kyokpa

## Notes

- 4 Breaks
  - Hand or Arm
  - Simple foot (Front, Side etc)
  - Jumping Foot
  - Spinning or Turning foot
- 15mm Dan gradings
- 12mm Poom gradings



|                       | Evaluation factor   |       |       | BRE     | AKI                        | NG E  | VAL | UATI | ON |   | То | otal |
|-----------------------|---------------------|-------|-------|---------|----------------------------|-------|-----|------|----|---|----|------|
|                       |                     | GOOD  |       | AVERAGE |                            | POOR  |     |      |    |   |    |      |
|                       |                     | Ha    | nd o  | r Arr   | n Tec                      | hniq  | ue  |      |    |   |    |      |
|                       | Complete Break (50) | 50    |       | 40      |                            | 30    |     | 20   |    | 5 |    |      |
| 11                    | Skilfulness (30)    | 30    |       | 24      |                            | 18    |     | 12   |    | 3 |    |      |
| Ι.                    | Energy (20)         | 20    |       | 16      |                            | 12    |     | 8    |    | 2 |    |      |
| Simple Foot Technique |                     |       |       |         |                            |       |     |      |    |   |    |      |
|                       | Complete Break (50) | 50    |       | 40      |                            | 30    |     | 20   |    | 5 |    |      |
| 12                    | Skilfulness (30)    | 30    |       | 24      |                            | 18    |     | 12   |    | 3 |    |      |
| <b> </b> _            | Energy (20)         | 20    |       | 16      |                            | 12    |     | 8    |    | 2 |    |      |
|                       |                     | Jun   | nping | j Fo    | ot Teo                     | chnic | lue |      |    |   |    |      |
|                       | Complete Break (50) | 50    |       | 40      |                            | 30    |     | 20   |    | 5 |    |      |
| 13                    | Skilfulness (30)    | 30    |       | 24      |                            | 18    |     | 12   |    | 3 |    |      |
|                       | Energy (20)         | 20    |       | 16      |                            | 12    |     | 8    |    | 2 |    |      |
|                       | Spi                 | nning | or T  | urniı   | ng Fo                      | ot Te | chn | ique |    |   |    |      |
|                       | Complete Break (50) | 50    |       | 40      |                            | 30    |     | 20   |    | 5 |    |      |
| 14                    | Skilfulness (30)    | 30    |       | 24      |                            | 18    |     | 12   |    | 3 |    |      |
| Ľ                     | Energy (20)         | 20    |       | 16      |                            | 12    |     | 8    |    | 2 |    |      |
|                       | Toal Scores         |       |       |         | Total Scores divided by 40 |       |     |      |    |   |    |      |

| Score |  |
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# Breaking - Kyokpa

## Notes

#### **Complete Break**

- 50 First time breaks and powerful and sharp
- 40 First time breaks on most boards
- 30 Second time breaks for most boards
- 20 Third time break(s) for any boards
- 5 fail to break board

#### Skilfulness

- 30 Excellent technique Preparation, Execution
- 24 Good technique Preparation, Execution
- 18 Good technique Execution
- 12 Poor technique No Snap
- 3 Poor technique No Snap, not prepared

#### Energy

- 20 Excellent Energy Explanation, Ki-Hap, Sound of break
- 16 Good technique Explanation, Ki-Hap
- 12 Good technique Ki-Hap
- 8 Poor technique No Ki-Hap
- 2 Poor technique No Ki-Hap, No Explanation

|                       | Evaluation factor      |           | BREAKING EVALUATION |            |                     |               |   |  |  |  |  |  |  |
|-----------------------|------------------------|-----------|---------------------|------------|---------------------|---------------|---|--|--|--|--|--|--|
|                       | Evaluation lactor      | GO        | OD                  | AVERAG     | ε                   | POOR          |   |  |  |  |  |  |  |
| Hand or Arm Technique |                        |           |                     |            |                     |               |   |  |  |  |  |  |  |
|                       | Complete Break (50)    | 50        | 40                  | 30         | 20                  |               | 5 |  |  |  |  |  |  |
| 1                     | Skilfulness (30)       | 30        | 24                  |            | 12                  |               | 3 |  |  |  |  |  |  |
| •                     | Energy (20)            | 20        | 16                  | 12         | 8                   |               | 2 |  |  |  |  |  |  |
|                       |                        | Sim       | ple Foo             | t Techniqu | le                  |               |   |  |  |  |  |  |  |
|                       | Complete Break (50)    | 50        | 40                  | 30         | 20                  |               | 5 |  |  |  |  |  |  |
| 2                     | Skilfulness (30)       | 30        | 24                  | 18         | 12                  |               | 3 |  |  |  |  |  |  |
| -                     | Energy (20)            | 20        | 16                  | 12         | 8                   |               | 2 |  |  |  |  |  |  |
|                       |                        | Jump      | oing Fo             | ot Techniq | ue                  |               |   |  |  |  |  |  |  |
|                       | Complete Break (50)    | 50        | 40                  | 30         | 20                  |               | 5 |  |  |  |  |  |  |
| 3                     | Skilfulness (30)       | 30        | 24                  | 18         | 12                  |               | 3 |  |  |  |  |  |  |
|                       | Energy (20)            | 20        | 16                  | 12         | 8                   |               | 2 |  |  |  |  |  |  |
|                       | S                      | pinning o | r Turnir            | ng Foot Te | cnnique             |               |   |  |  |  |  |  |  |
|                       | Complete Break (50)    | 50        | 40                  | 30         | 20                  |               | 5 |  |  |  |  |  |  |
| 4                     | Skilfulness (30)       | 30        | 24                  | 18         | 12                  |               | 3 |  |  |  |  |  |  |
| •                     | Energy (20)            | 20        | 16                  | 12         | 8                   |               | 2 |  |  |  |  |  |  |
|                       | Toal Scores<br>A+B+C+D | E         |                     | Tot        | tal Scores o<br>E/4 | divided by 40 | ) |  |  |  |  |  |  |



## Frequently Asked Questions Questions and Answers







- Judging sheet at: <u>https://newzealandtaekwondo.co.nz/knzo-gradings</u>
- When is the next Kukkiown International Masters Seminar series?



Can we continue to do the gradings the way our club has been doing them?



# Kukkiwon NZ Office **Concept to Reality**





